

Sport & PE Premium Action Plan

2019-2020



The DfE Vision for the Primary PE and Sport Premium

ALL children leaving primary school should be **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

Introduction

The funding has been provided to ensure impact against the following Objectives and Indicators:

To achieve self-sustaining improvement in the quality of PE and Sport in Primary Schools.

The expected indicators of such improvement include:

1. The engagement of all children in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all children
5. Increased participation in competitive sport

This vision will be achieved by utilising the Sports Premium funding and our school budget to action the following:

- To continue to provide opportunities for children to represent the school in sport.
- To extend the range of extra-curricular clubs and numbers in attendance.
- To provide training for some teachers in developing their PE skills - both in-class and in after-school training sessions and specialised day-courses.
- To provide training for some teachers in assessment and differentiation in PE.
- To purchase lunchtime activity equipment and to maintain/replace equipment.
- To provide transport to link with other schools and take part in competitions and festivals.
- To offer our children the opportunity to participate in sport beyond the curriculum.
- To ensure our curriculum offers opportunities for children to develop the knowledge and understanding of what makes a healthy lifestyle.
- To forge links with the local community to enrich the PE provision within school.
- To ensure an increasing number of children have the opportunity to take part in festivals and competitions.
- To enable all children to have access to swimming from the start of their time in the school.
- To develop children's water confidence from a very early age and be able to swim 25 meters by the time they leave the school.
- To enhance children's knowledge of leading a healthy lifestyle including diet.
- To promote children's emotional well-being and mental health.

The Governors at Robert Peel agree that the money must be used so:

- All children benefit regardless of sporting ability.
- That children are able to represent the school in competitive tournaments.
- Expansion of sporting resources and facilities.
- That the most able children are given the opportunity to compete in advanced tournaments.
- That staff have access to training opportunities and continued professional development.
- That clubs are subsidised to increase the levels of participation.
- That all children's well-being and mental health are promoted.
- That there is focus on developing a healthy life style including a healthy diet.
- That all children take part in a range of activities to promote healthy lifestyles such as: yoga, cooking and gardening
- All our children access PE lessons in our school along with receiving swimming lessons from the age of 3 in our school swimming pool.

The school organises and hosts sporting festivals involving other local Schools and a local business sponsors these events. The school has a good range of sporting facilities from a good sized field, hard playground area, large school hall and heated swimming pool.

The school runs a variety of extra-curricular clubs. These activities cover a whole range of disciplines which include dance, hockey, gymnastics, fitness, dodgeball, swimming, Gaelic football, football, rugby, athletics and racket sports.

A close partnership has been established between local Secondary and Primary Schools which has resulted in the PE Leaders working in collaboration and establishing a sporting festival programme for the year.

Objective	Key Actions	Anticipated outcomes and sustainability	Which children will benefit?	Allocated funding
To promote physical activity through skipping.	<ul style="list-style-type: none"> Children participating in skipping (vigorous activity and increasing heart rate) 	<ul style="list-style-type: none"> Fun and enjoyment in physical activity – children developing their skipping skills at break and lunchtimes 	All children	£200
To provide a practical way of teaching health and nutrition to support PSHE and Design and Technology curriculum.	<ul style="list-style-type: none"> Health and Fitness Workshops for Years 1 and 6 to provide children with an understanding of nutritional values within food, maintaining a balanced diet, where food comes from etc. 	<ul style="list-style-type: none"> Children will have an improved understanding of what is in their favourite foods, and how to find out the nutritional values. They will understand how to maintain a balanced diet by incorporating different types of food from a variety of food groups Children will benefit from a practical approach 	Years 1-6	£1000
To improve children's swimming confidence and skills through utilising the school's on site swimming pool.	<ul style="list-style-type: none"> Maintaining the pool Increasing staff training All children to access the pool for two sessions a week in June and July 	<ul style="list-style-type: none"> Children become confident and competent swimmers Year 6 children are able to swim at least 25m 	Nursey to Year 6	£3500
To promote different sports and forms of exercise.	<ul style="list-style-type: none"> Two lessons of PE a week Range of before school, lunchtime and after school clubs Different sports being promoted like lacrosse and Gaelic football 	<ul style="list-style-type: none"> Children understanding that exercise can come in different forms along with the positive impact it has on mental health and well- being 	Years 1-6	£1500

Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				
Objective	Key Actions	Anticipated outcomes and sustainability	Which children will benefit?	Allocated funding
To replenish PE resources and purchase new resources to support fundamental movement skills.	<ul style="list-style-type: none"> • Purchase a wide range of resources to support PE lessons across the school • Purchase a range of specific fundamental movement resources 	<ul style="list-style-type: none"> • Lesson planning - Differentiation provided through varied equipment. • Children to develop hand-eye coordination Confidence with throwing/catching skills 	All children	£2000
To develop the outdoor area (playground/field) to promote physical activity at break and lunchtimes.	<ul style="list-style-type: none"> • Extend trim trail • Purchase playground markings linked to physical activity • Children participating in fitness activities during break and lunch times 	<ul style="list-style-type: none"> • Children will have increased opportunities to be physically active during their break and lunchtimes. • Children will be inspired and motivated by a wide range of fitness equipment 	All children	£4000
To provide an opportunity for children to work with their peers and teachers with aspirational coaches and for reluctant children to take part in extended clubs.	<ul style="list-style-type: none"> • Various external coaches to work with classes from Yr 1 to 6 on skills and fitness with their teachers • Lunchtime club being run for reluctant PE participants • Fitness training forming a part of the sessions. 	<ul style="list-style-type: none"> • Children participating in high quality fitness sessions • Learning new skills and exercise skills for life • Gaining confidence to take part in skills development sessions • Working with their teachers on common fitness goals 	Years 1 to 6	£1000
To improve gymnastic equipment to ensure skill development for Years 5 and 6 and update equipment on site.	<ul style="list-style-type: none"> • Replace old equipment like: ropes, mats and benches 	<ul style="list-style-type: none"> • Increased range of apparatus for older children skills development • Replacement of old equipment 	All children	£2000

Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport				
Objective	Key Actions	Anticipated outcomes and sustainability	Which children will benefit?	Allocated funding
To increase the knowledge, skills and confidence of staff in the area of gymnastics and teaching others sports.	<ul style="list-style-type: none"> To provide teaching staff with specialist gymnastics training To provide staff with training in the teaching in a range of sports 	<ul style="list-style-type: none"> Staff will feel more confident delivering gymnastics (regarding health and safety) Staff will feel more confident delivering a range of sports High quality gymnastics lessons will be delivered All equipment and apparatus will be utilised effectively to support the delivery of gymnastics 	All children	£1800
To increase the knowledge, skills and confidence of staff in teaching swimming.	<ul style="list-style-type: none"> To provide staff delivering swimming with specialist training To provide staff with resuscitation training 	<ul style="list-style-type: none"> Staff will feel more confident delivering swimming (regarding health and safety) High quality swimming lessons will be delivered 	All children	As part of swimming budget above

Indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Objective	Key Actions	Anticipated outcomes and sustainability	Which children will benefit?	Allocated funding
To promote different sports and forms of exercise.	<ul style="list-style-type: none"> • A range of clubs at different times of the day • Teaching of different sports in PE lessons 	<ul style="list-style-type: none"> • Children understanding that exercise can come in different forms along with the positive impact it has on mental health and well-being 	Years 1-6	£1000
To provide high quality extra-curricular PE and sport provision.	<ul style="list-style-type: none"> • External coaches to work with classes from Yr 1 to 6 on skills and fitness with their teachers • Lunchtime clubs being run for reluctant PE participants • Fitness training forming a part of the sessions. 	<ul style="list-style-type: none"> • Pupils to have access to high quality extra-curricular provision • Children participating in high quality fitness sessions • Learning new skills and exercise skills for life • Gaining confidence to take part in skills development sessions • Working with their teachers on common fitness goals 	Years 1-6	£1000
To develop the resources and equipment for teaching gymnastics.	<ul style="list-style-type: none"> • To invest in new gymnastics equipment to provide a wide range of apparatus for pupils to utilise during gymnastics lessons 	<ul style="list-style-type: none"> • Pupils will have a broader range of apparatus to work with and develop their skills on during PE lessons • Lessons will incorporate more skills and equipment for children to use 	All children	£2000

Indicator 5: Increased participation in competitive sport

Objective	Key Actions	Anticipated outcomes and sustainability	Which children will benefit?	Allocated funding
For all children to participate in competitive sports as part of our House system and teams to represent the school at inter school events.	<ul style="list-style-type: none"> • All children to compete each term in a competitive House competition • PE Leader to organise a schedule of competitive events with other Primary schools • Medals and trophies to be presented • Transport for some fixtures to be provided 	<ul style="list-style-type: none"> • Increased numbers of children experiencing competitive sports • Children understand that at times you may lose at sports and how to deal with these emotions • Celebration as a team in joint achievements • Representation of the school and the school being known for its sporting prowess • Children taking part in regional events 	Years 1 to 6	£3000
To provide high quality extra-curricular PE and sport provision.	<ul style="list-style-type: none"> • Range of sports clubs each half term run by staff and experienced coaches • Increased range of sporting interests 	<ul style="list-style-type: none"> • Participation in clubs in high • Enjoyment is high 	Years 1 to 6	No cost