

## Safeguarding Section

### Positive Parenting

A child needs and behaviours can change as they grow and it is how we respond to those changes that can make a difference. Every child needs love, guidance, rules and boundaries. It is important to have set routines and be consistent with these. Rewards and sanctions can be used effectively to manage challenging behaviour. It is important to clearly define the rewards and sanctions that you are setting and then ensure that you are seeing these through. Always remain calm and try not to get into a confrontation with your child. Talk to them about the behaviours being displayed and try to find the underlying cause for these behaviours.

### Talking to children about difficult topics

It's important that every child has someone they trust that they can ask for help. There'll be times when children need advice or support. There'll also be times when you need to explain something that might upset them. You might need to start a difficult conversation because you have to break some bad news or ask them about something you're worried about. The NSPCC has lots of good advice for helping you decide how to talk to your child in an age-appropriate and supportive way. But remember that you know your child best, so trust your judgement about what's going to work for them.

### Monitoring Online Safety

Take time to talk to your child about the dangers they may face online - be honest and open with them. Ensure that they have the correct privacy settings on their devices and that you have parental controls on. Children should be aware that a person they think of as a friend online could in fact be a complete stranger. Online abuse takes many forms which include; bullying, blackmail and general trolling. Remind children that social media apps have age restrictions designed to keep them safe. Encourage your child to speak to an adult if they feel uncomfortable with anything that they access, or see, online.

### Operation Encompass

Operation Encompass is a police and education early information sharing partnership enabling schools to offer immediate support for children experiencing the impact of domestic abuse. Information is shared by the police with a school's trained Key Adult (DSL) when officers have attended a domestic abuse incident. Children experiencing domestic abuse are negatively impacted by this exposure; with domestic abuse identified as an Adverse Childhood Experience (ACE). Operation Encompass aims to mitigate this harm by enabling immediate support and thus making the child's day better.

